

40 Days of Lent Guide

Day 1

Prayer Focus:

Pray for new sensitivity to the Holy Spirit's presence and power in your life

Scripture Focus:

Luke 11:11-13
John 14:15-17
Acts 1:8
Romans 8:10-15

Day 2

Prayer Focus:

Pray for God to help you pray "in His Spirit"

Scripture Focus:

Romans 8:26-27
Ephesians 6:18
Jude 20

Day 3

Prayer Focus:

Pray for a growing love and concern for God's people everywhere

Scripture Focus:

Ephesians 6:18
1 Thessalonians 4:9-10
1 Peter 1:22

Day 4

Prayer Focus:

Pray for persecuted believers and ask God to protect His people from evil

Scripture Focus:

Matthew 6:13
John 17:11-15
Revelation 2:10

Day 5

Prayer Focus:

Pray that God will increase holiness in your personal life

Scripture Focus:

John 17:16-19
Ephesians 4:22-32
Colossians 3:5-17
Psalm 84:2

Day 6

Prayer Focus:

Pray that sincere love will characterize your church

Scripture Focus:

John 13:34-35
Galatians 5:22-24
1 Peter 4:8

Day 7

Prayer Focus:

Pray for the Holy Spirit to empower and protect pastors and evangelists

Scripture Focus:

Romans 15:30
2 Corinthians 1:8-11
Ephesians 4:11-13

Day 8

Prayer Focus:

Pray for the Holy Spirit to empower volunteers and workers in the church

Scripture Focus:

1 Corinthians 15:58
Ephesians 3:14-21
Hebrews 6:10-12

Day 9

Prayer Focus:

Pray that your church will produce workers for world evangelism

Scripture Focus:

Acts 13:1-3
Ephesians 4:11-13
2 Timothy 4:1-5

Day 10

Prayer Focus:

Pray for a fresh outpouring of God's Spirit on those who proclaim the Gospel

Scripture Focus:

Joel 2:28-32
Acts 1:8
Ephesians 3:7-9

Day 11

Prayer Focus:

Pray for more believers to answer God's call to full-time Christian service

Scripture Focus:

Matthew 9:35-38
Ephesians 3:7-9
1 Timothy 1:12-14

Day 12

Prayer Focus:

Pray for a deep cleansing of your heart and renewed zeal for holy living

Scripture Focus:

Psalm 69:6-13; 139:23-24;
51:10
2 Timothy 1:5-7
1 Peter 1:13-16

Day 13

Prayer Focus:

Pray that unsaved friends, relatives and neighbors will respond to the Spirit's convicting work in their lives

Scripture Focus:

Psalm 38:4
John 16:7-11
Acts 2:36-41

Day 14

Prayer Focus:

Pray for the youth and children church and neighborhood

Scripture Focus:

Psalm 78:1-8
Ecclesiastes 12:1
Matthew 19:13-15

Day 15

Prayer Focus:

Pray for those who struggle with doubt about God's power over their circumstances

Scripture Focus:

Genesis 18:13-15
Jeremiah 32:17,27
Mark 11:22-24
John 14:12-14

Day 16

Prayer Focus:

Pray for world leaders who will be sympathetic to the Gospel

Scripture Focus:

2 Samuel 23:1-4
Romans 13:1-7
1 Timothy 2:1-4

Day 17

Prayer Focus:

Pray for peace everywhere for God's people

Scripture Focus:

Psalm 46:8-10
John 16:33
Ephesians 2:13-18

Day 18

Prayer Focus:

Pray for people who know Christ "in name only" to encounter Him personally

Scripture Focus:

Matthew 7:21-23
2 Timothy 3:1-5
Revelation 3:1-3

Day 19

Prayer Focus:

Pray for a discerning heart and wisdom to distinguish right and wrong

Scripture Focus:

1 Kings 3:5-10
Proverbs 24:12-14
James 1:5-6

Day 20

Prayer Focus:

Pray for the millions who have never heard or understood Christ's Gospel

Scripture Focus:

Romans 1:18-23
Ephesians 1:17-18
Hebrews 3:12-15

Day 21

Prayer Focus:

Pray for those who teach children, youth, and collegians

Scripture Focus:

2 Timothy 2:1-2
Titus 2:1-15
James 3:1

Day 22

Prayer Focus:

Pray that new believers will grow in their faith and obedience to Christ

Scripture Focus:

2 Corinthians 1:21-22
Ephesians 3:14-19
Colossians 4:12

Day 23

Prayer Focus:

Pray that people in your community will develop interest in God's word

Scripture Focus:

Isaiah 55:10-11
Colossians 4:2-6
1 Peter 3:15-16

Day 24

Prayer Focus:

Pray for God's healing power in your church and community

Scripture Focus:

2 Chronicles 7:14
Psalm 103:1-5
James 5:14-16

Day 25

Prayer Focus:

Pray for those who are victims of injustice

Scripture Focus:

2 Timothy 3:10-13
James 1:2-4
1 Peter 2:19-24

Day 26

Prayer Focus:

Pray for those disillusioned by a hurtful church experience or failed leaders

Scripture Focus:

Acts 7:59-60
Luke 17:3-4
Matthew 18:33-35

Day 27

Prayer Focus:

Pray for those who are blinded by sin

Scripture Focus:

Isaiah 59:9-13
2 Corinthians 4:3-6
Ephesians 4:17-19

Day 28

Prayer Focus:

Pray for those who are ensnared by all kinds of addictions

Scripture Focus:

Psalm 9:15-16
1 Corinthians 10:13
James 1:13-15

Day 29

Prayer Focus:

Pray for those who approach life with a non-Christian worldview

Scripture Focus:

Proverbs 14:12
John 3:19
Ephesians 2:11-13

Day 30

Prayer Focus:

Pray for those who are oppressed by demonic forces

Scripture Focus:

Acts 26:15-18
Ephesians 6:10-13
2 Thessalonians 2:7-14

Day 31

Prayer Focus:

Pray for those who are deceived by cults and false teachers

Scripture Focus:

Acts 20:29-31
1 Timothy 4:1-6
Titus 1:10-11
2 Peter 2:1-10

Day 32

Prayer Focus:

Pray for believers who have become disobedient to God

Scripture Focus:

Malachi 3:7-12
Matthew 24:12-13
Hebrews 10:35-39
Revelation 2:4-5

Day 33

Prayer Focus:

Pray for unity among God's people

Scripture Focus:

John 17:20-21
1 Corinthians 1:10
Ephesians 4:1-6

Day 34

Prayer Focus:

Pray for those who are suffering

Scripture Focus:

Matthew 25:31-46
Romans 8:16-21
Hebrews 13:3

Day 35

Prayer Focus:

Pray for those whose worldly cares make them insensitive to spiritual needs

Scripture Focus:

Proverbs 21:17
Matthew 13:18-23
Luke 21:34-36

Day 36

Prayer Focus:

Pray for the conversion to Christ of whole families in your community

Scripture Focus:

Joshua 24:14-15
John 4:46-53
Acts 16:29-33

Day 37

Prayer Focus:

Pray for personal opportunities to share your faith with others

Scripture Focus:

Proverbs 11:30
Luke 24:45-49
1 Corinthians 16:8-9
1 Peter 3:15-16

Day 38

Prayer Focus:

Pray for spiritual leaders at all levels of your church

Scripture Focus:

1 Thessalonians 5:12-13
1 Timothy 5:17-20
Hebrews 13:17-19

Day 39

Prayer Focus:

Pray for the strengthening of marriages and families in your church

Scripture Focus:

Ephesians 5:21-33
Colossians 3:18-21
1 Peter 3:1-2, 7

Day 40

Prayer Focus:

Pray that Christ will be lifted up and glorified in church services this Sunday

Scripture Focus:

John 12:31-32
Romans 10:8-11
Philippians 2:5-11